



# Coimisiún na Scrúduithe Stáit State Examinations Commission

*Leaving Certificate Applied 2003*

Total Mark

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## Vocational Specialism – Childcare/Community Care (240 marks)

**Monday, 9 June**  
**Afternoon, 2.00 to 3.30**

### *Directions to Candidates*

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1. Write your EXAMINATION NUMBER in this space:
2. WRITE ALL ANSWERS INTO THIS ANSWER BOOK.
3. Candidates should answer a total of **four** questions.  
**Each** question should be selected from a **different** section.  
There are **five** sections in this paper.  
Candidates should answer questions from **four** sections only.
4. Each question carries 60 marks.

| <i>For the Superintendent only</i>   | <i>For the Examiner only</i>                              |  |
|--|---|--|
| <div style="border: 1px solid black; width: 150px; height: 100px; margin: 0 auto;"> <p style="text-align: center; margin: 0;"><b>Centre Stamp</b></p> </div>                           | 1. Total of end of page totals                            |  |
|  | 2. Aggregate total of all disallowed questions            |  |
|  | 3. Total mark awarded (1 minus 2)                         |  |
|  | 4. Bonus mark for answering through Irish (if applicable) |  |
|  | 5. Total mark awarded if Irish Bonus.(3 plus 4)           |  |
| Note: The mark in row 3 (or row 5 if an Irish bonus is awarded) must correspond with the mark in the <b>Total Mark</b> box on the flap grid <b>and</b> on the front of the answerbook. |   |  |

# Section 1 - The Care of Babies and Young Children

(Attempt either Question 1 or Question 2 if answering this section.  
Each question carries 60 marks)

1. (a) What is a balanced diet? (12 marks)

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(b) List **two** functions of protein in a child's diet. (8 marks)

1. \_\_\_\_\_

2. \_\_\_\_\_

(c) Name **four** sources of protein in the diet. (12 marks)

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

- (d) Why should **each** of the following be avoided in the diet of a toddler? (12 marks)

Fizzy drinks \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Crisps \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Peanuts \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- (e) Plan a packed lunch and suggest some healthy snacks suitable for a six year old who will be away for the day on a school trip. (16 marks)

Packed lunch \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Healthy snacks \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. (a) List **two** advantages and **two** disadvantages of using disposable nappies and cloth nappies. (16 marks)

Disposable nappies

Advantages

1. \_\_\_\_\_

2. \_\_\_\_\_

Disadvantages

1. \_\_\_\_\_

2. \_\_\_\_\_

Cloth nappies

Advantages

1. \_\_\_\_\_

2. \_\_\_\_\_

Disadvantages

1. \_\_\_\_\_

2. \_\_\_\_\_

- (b) What is the difference between boys' disposable nappies and girls' disposable nappies? (8 marks)

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(c) Outline the procedure which should be followed when changing a baby's nappy. (20 marks)

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(d) List **two** causes of nappy rash. (8 marks)

1. \_\_\_\_\_

2. \_\_\_\_\_

(e) Describe a treatment for nappy rash. (8 marks)

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## Section 2 - Child Development and Play

(Attempt either Question 3 or Question 4 if answering this section.  
Each question carries 60 marks)

3. (a) Physical development can be divided into two areas: gross motor development and fine motor development.  
List **three** examples of skills or activities in **each** area. (12 marks)

Gross motor development

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

Fine motor development

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

- (b) Indicate with a tick (✓) the approximate age at which a child reaches **each** of the following stages of development. (12 marks)

| Stages of development |  | 0 - 3 months | 6 months | 9 months | 12 months |
|-----------------------|--|--------------|----------|----------|-----------|
| 1.                    | A child has complete head control.                             |              |          |          |           |
| 2.                    | A child can turn his / her head towards light or sound.        |              |          |          |           |
| 3.                    | A child can pull himself / herself up to a sitting position.   |              |          |          |           |
| 4.                    | When lifted, the child's head falls back if not supported.     |              |          |          |           |
| 5.                    | A child holds a crayon by grasping it in the palm of the hand. |              |          |          |           |
| 6.                    | A child can roll from his / her back onto his / her stomach.   |              |          |          |           |

(c) List **two** practical ways in which a parent / carer could help a child who is slow to learn to walk. (8 marks)

1. \_\_\_\_\_

2. \_\_\_\_\_

(d) Give **four** reasons why outdoor play is important for children. (12 marks)

1. \_\_\_\_\_

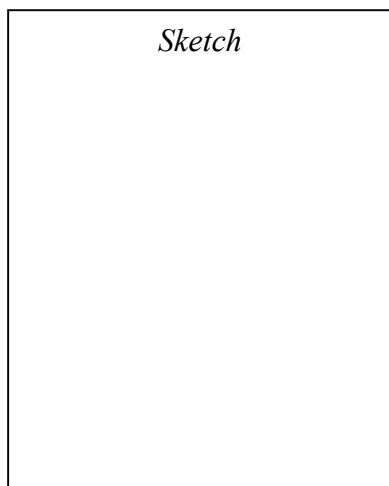
2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

(e) Name, sketch and describe **two** items of equipment that might encourage children to engage in outdoor play. (16 marks)

*Sketch*



Name \_\_\_\_\_

Description \_\_\_\_\_

\_\_\_\_\_

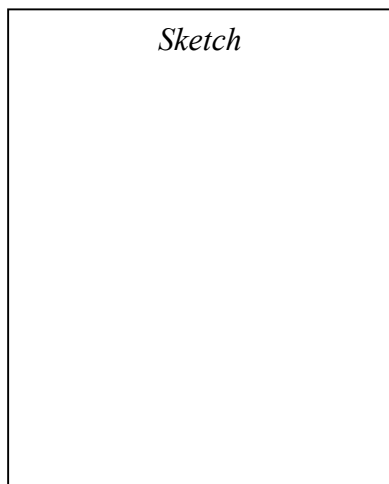
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*Sketch*



Name \_\_\_\_\_

Description \_\_\_\_\_

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\_\_\_\_\_

4. (a) What is *creative play*? (8 marks)

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(b) List **four** skills which a child could develop through art and craft activities. (12 marks)

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

(c) You have been asked to recommend some art and craft materials for a four year old child.  
List **six** examples of art and craft materials which you would recommend and state the approximate cost of **each** item. (12 marks)

| Art and craft materials |  | Cost € |
|-------------------------|--|--------|
| 1.                      |  |        |
| 2.                      |  |        |
| 3.                      |  |        |
| 4.                      |  |        |
| 5.                      |  |        |
| 6.                      |  |        |





## Section 3 - Parenting and Care Provision

(Attempt either Question 5 or Question 6 if answering this section.  
Each question carries 60 marks)

5. (a) Discuss how the role of parents has changed in recent years. (18 marks)

Role of mother \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Role of father \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

- (b) What topics should be included in a parenting course for first-time parents? (12 marks)

\_\_\_\_\_

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\_\_\_\_\_

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\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

(c) List **four** factors which may cause stress within a family. (12 marks)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

(d) Discuss your understanding of the situation illustrated below. (18 marks)



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What advice would you offer to the adults in this situation?

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6. (a) Complete **each** of the following sentences in relation to pregnancy. (10 marks)

1. The average length of a pregnancy is \_\_\_\_\_ weeks.
2. Another name for the uterus is the \_\_\_\_\_.
3. The \_\_\_\_\_ cord links the baby with the placenta.
4. High blood pressure during pregnancy can lead to \_\_\_\_\_.
5. \_\_\_\_\_ is used to produce pictures of the baby in the uterus.

(b) Explain the difference between an *embryo* and a *foetus*. (12 marks)

Embryo \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Foetus \_\_\_\_\_

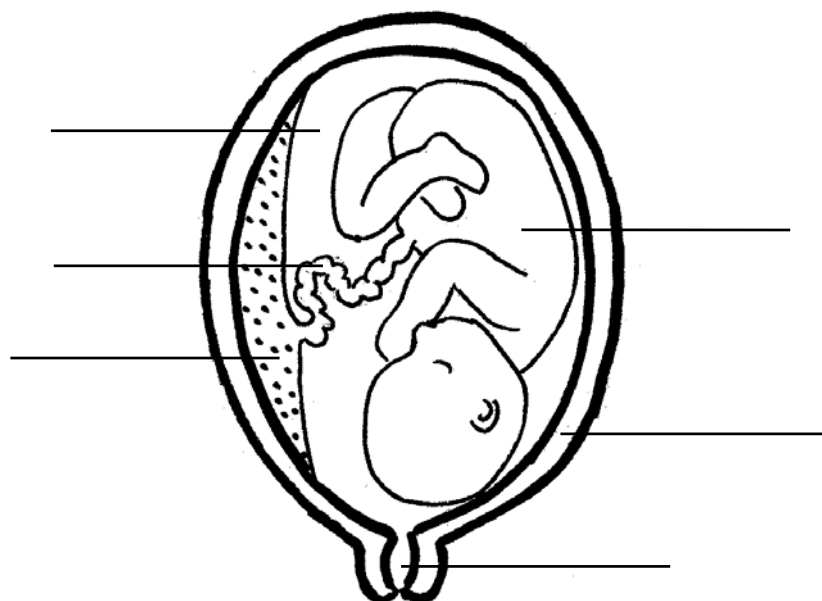
\_\_\_\_\_

\_\_\_\_\_

(c) Label the diagram below to indicate the position of **each** of the following:

foetus; placenta; umbilical cord; uterus wall; cervix; amniotic fluid.

(12 marks)



(d) What is an *induced* birth? (8 marks)

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(e) Describe the **three** stages of labour. (18 marks)

Stage 1

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Stage 2

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Stage 3

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## Section 4 - People with Special needs

(Attempt either Question 7 or Question 8 if answering this section.  
Each question carries 60 marks)

7. (a) Children with special needs may have learning disabilities and/or physical disabilities. (12 marks)

Name **two** learning disabilities.

1. \_\_\_\_\_

2. \_\_\_\_\_

Name **two** physical disabilities.

1. \_\_\_\_\_

2. \_\_\_\_\_

- (b) Write an informative note on any **two** of the disabilities you have listed above. (24 marks)

Name of disability \_\_\_\_\_

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Name of disability \_\_\_\_\_

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(c) What are the benefits of integrating children with special needs into mainstream primary schools? (12 marks)

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(d) Describe the work of **one** of the following organisations:  
*Enable Ireland* **or** *The Irish Deaf Society*. (12 marks)

Name of organisation \_\_\_\_\_

Description of work \_\_\_\_\_

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8. (a) Discuss the alterations which would need to be made to **each** of the following areas in the home to accommodate a family member who is wheelchair bound. (27 marks)

Entrance hall \_\_\_\_\_

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Kitchen \_\_\_\_\_

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Bathroom and toilet \_\_\_\_\_

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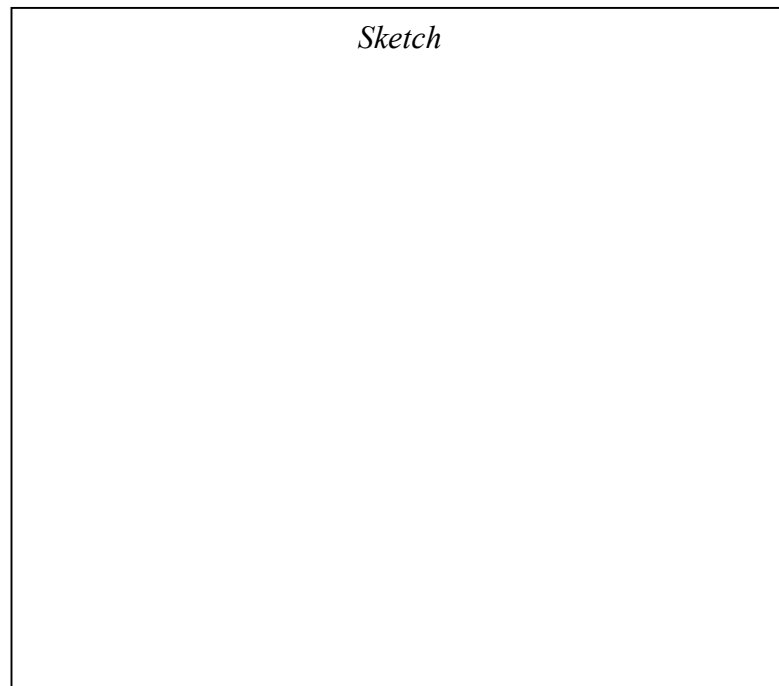
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- (b) List **four** appliances, aids or items of equipment other than a wheelchair which could aid a person's mobility. (12 marks)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

- (c) Sketch the sign that indicates that an area is wheelchair accessible. (9 marks)



- (d) Give **four** examples of places where you would expect to see the sign that you have sketched displayed. (12 marks)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

## Section 5 - Older people

(Attempt either Question 9 or Question 10 if answering this section.  
Each question carries 60 marks)

9.

*'I have to leave my home and I am broken hearted.  
Having lived in this house all my life I have a lifetime of memories here.  
I never thought that the day would come when I would be unable to cope alone,  
but I know I must move. Summer Hill Nursing Home seems to be a nice place'.  
Annie aged 85*

- (a) Discuss the advantages and the disadvantages of Annie moving to the nursing home. (24 marks)

Advantages \_\_\_\_\_

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Disadvantages \_\_\_\_\_

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(b) How can Annie be helped to cope with this major change in her life? (12 marks)

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(c) Describe **four** ways in which an older person who is living alone at home might be supported. (12 marks)

1. 

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2. 

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3. 

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4. 

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(d) Why do some people worry about growing old? (12 marks)

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10. (a) List **four** physical signs of ageing. (12 marks)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

(b) Discuss the benefits of exercise and leisure activities for older people. (12 marks)

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(c) Describe a range of exercise and leisure activities suitable for older people. (12 marks)

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(d) What is *osteoporosis*? (8 marks)

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(e) How might osteoporosis affect the lifestyle of an older person? (8 marks)

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(f) How can young adults reduce the risk of developing osteoporosis? (8 marks)

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*For the examiner only*

| <b>Question</b> | <b>Mark</b> |
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| 1               |             |
| 2               |             |
| 3               |             |
| 4               |             |
| 5               |             |
| 6               |             |
| 7               |             |
| 8               |             |
| 9               |             |
| 10              |             |
| <b>Total</b>    |             |