

**WARNING**

**You must return this paper with your answer book, otherwise marks will be lost.**

EXAM NUMBER

FOR EXAMINER

Section A  
Total Mark


# Coimisiún na Scrúduithe Stáit State Examinations Commission

**JUNIOR CERTIFICATE EXAMINATION, 2018**

**HOME ECONOMICS**

**HIGHER LEVEL**

**THURSDAY, 14 JUNE - MORNING 9.30 - 12.00**

**Total Marks 300**

**CENTRE STAMP**

## INSTRUCTIONS TO CANDIDATES

1. **SECTION A** - 80 marks.  
Answer 20 (twenty) questions from Section A. All questions carry equal marks.
2. Answer the questions in the space provided.
3. The completed answer book for Section A must be returned to the examination superintendent.
4. **SECTION B** - 220 marks.  
Answer 4 (four) questions from Section B. All questions carry equal marks.

**SECTION A**  
**80 marks**

**Answer 20 (twenty) of the following questions. All questions carry equal marks.**

1. State a deficiency caused by a low intake of each of the following nutrients.

NUTRIENT	DEFICIENCY
(i) Fibre	(i)
(ii) Vitamin C	(ii)
(iii) Vitamin A	(iii)
(iv) Iron	(iv)

2. Explain **each** of the following food terms:

(i) **fortified foods** \_\_\_\_\_  
\_\_\_\_\_

(ii) **purée** \_\_\_\_\_  
\_\_\_\_\_

3. List **four** foods that are a good source of High Biological Value protein.

(i) \_\_\_\_\_ (ii) \_\_\_\_\_

(iii) \_\_\_\_\_ (iv) \_\_\_\_\_

4. Name **two** different methods of making cakes and give **one** example of each method named.

CAKE MAKING METHOD	EXAMPLE
(i)	(i)
(ii)	(ii)

5. Name **two** products used as a meat substitute in vegan diets.

(i) \_\_\_\_\_

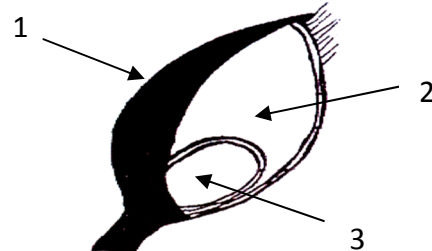
(ii) \_\_\_\_\_

6. Identify the parts of the cereal grain 1, 2, 3.

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_



7. List **four** advantages of budgeting.

(i) \_\_\_\_\_

(ii) \_\_\_\_\_

(iii) \_\_\_\_\_

(iv) \_\_\_\_\_

8. Suggest **two** precautions a consumer should take to ensure their bank account is secure.

(i) \_\_\_\_\_

(ii) \_\_\_\_\_

9. What information does this symbol convey to the consumer?

\_\_\_\_\_  
\_\_\_\_\_



Name **one** item on which this symbol is found \_\_\_\_\_

10. List **four** disadvantages of advertising.

(i) \_\_\_\_\_

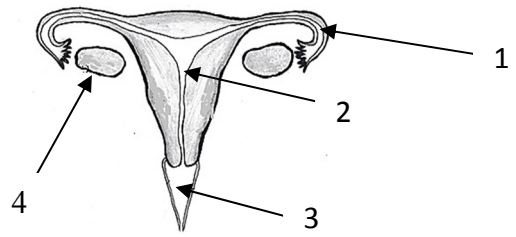
(ii) \_\_\_\_\_

(iii) \_\_\_\_\_

(iv) \_\_\_\_\_

11. Identify the parts of the female reproductive system labelled 1,2,3,4

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_



12. Describe **one** function of each of the following:

(i) **ovary** \_\_\_\_\_

\_\_\_\_\_

(ii) **amniotic fluid** \_\_\_\_\_

\_\_\_\_\_

13. Identify **four** guidelines teenagers can follow to relieve stress.

(i) \_\_\_\_\_

(ii) \_\_\_\_\_

(iii) \_\_\_\_\_

(iv) \_\_\_\_\_

14. List **two** guidelines young people should follow to control the spread of acne.

(i) \_\_\_\_\_

\_\_\_\_\_

(ii) \_\_\_\_\_

\_\_\_\_\_

15. Suggest **four** ways that water can be conserved in the home.

(i) \_\_\_\_\_

(ii) \_\_\_\_\_

(iii) \_\_\_\_\_

(iv) \_\_\_\_\_

16. Name **four** forms of insulation that are used in the home.

(i) \_\_\_\_\_ (ii) \_\_\_\_\_

(iii) \_\_\_\_\_ (iv) \_\_\_\_\_

17. Give **two** advantages of buying a washing machine with an 'A rated' energy label.

(i) \_\_\_\_\_

(ii) \_\_\_\_\_

18. Explain the term **inorganic waste** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Give **one** example of inorganic waste \_\_\_\_\_

19. Outline **four** factors a teenager should consider when buying a winter jacket.

(i) \_\_\_\_\_

(ii) \_\_\_\_\_

(iii) \_\_\_\_\_

(iv) \_\_\_\_\_

20. What information does this symbol convey to the consumer?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



21. Name **two** fabric finishes applied to curtains.

(i) \_\_\_\_\_

(ii) \_\_\_\_\_

22. Explain what each of the following fabric care symbols indicate.

(i)



(ii)



(i) \_\_\_\_\_ (ii) \_\_\_\_\_

\_\_\_\_\_

23. What information does the tog-rating on a duvet convey to the consumer?

\_\_\_\_\_

\_\_\_\_\_

24. Explain **each** of the following textile terms:

(i) **notch** \_\_\_\_\_

(ii) **nap** \_\_\_\_\_

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